

General Service Committee
PO Box 42114 • Vancouver BC V5S 4R5 • Tel (604) 435-2181

Remote Communities District Committee Chair

Suggestions:

- 1. Prepare a **Contact List** of remote people and locations. This can be accomplished by asking those in your committee and in your district committee or by any means possible, who and where these people may be. They could be active or inactive members of A.A.
- 2. Prepare a **Quick Reference Guide** for A.A. services in your community, e.g. meeting lists of surrounding groups or all A.A. meetings in your district. This would also have the location (and possibly name and/or contact information) of those in remote communities. This list would also include the day, time and place of your district meetings, including a district contact list with people's names and contact information.
- 3. Suggest where the nearest Literature Depot(s) may be found.
- 4. The Remote Communities Chairperson reports monthly to district by contacting each remote member (or community) once a month to see how things are going. This is very encouraging for those living in a remote situation and provides for more unity within the whole district.
- 5. Consider using **Public Service Announcements** (PSAs) in local media, including newspapers, radio and television.

For more information on PSAS's contact: BC/Yukon Area 79 Public Information Committee

Chair: publicinformation@bcyukonaa.org

Mailing address: PO Box 42114, Vancouver, BC V5S 4R5

Telephone: (604) 435-2181 Website: www.bcyukonaa.org

- 6. Information about **Online Meetings** can be found at www.aa-intergroup.org . There are some easily accessible meetings in languages other than English.
- 7. You may suggest the **Grapevine** magazine and other Grapevine publications, available at:

Website: www.aagrapevine.org

Mailing Addresses:

New York Office: Customer Service Grapevine

475 Riverside Drive PO Box 16867

New York, NY 10115 North Hollywood, CA 91615-6867

Customer Service La Viña:

PO Box 15635

North Hollywood, CA 91615-5635

Telephone Numbers

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8. **Loners-Internationalists Meeting:** Supply contact information for access through the General Service Office:

Mailing address: Box 459, Grand Central Station, New York, NY 10163

Telephone: (212) 870-3400

Fax: (212) 870-3003 **Website:** www.aa.org

- 9. Prepare a list of **Teleconference Meetings** for your area.
- 10. Supply a list of **Area 79 Remote Community Committee Tools**, which include: **A.A. Speaker CDs**, **Temporary Sponsors**, phone and/or email buddies.
- 11. Supply the contact information and explanation of the **Remote Communities Connection Program.**
- 12. Organize **Roaming A.A. Meetings.** This is where a group of members travel to a remote community for a meeting. Experience suggests that this could be done every one to three months. There is usually no cost to the district as the travellers chip in to cover expenses.

These suggestions are meant as possible tools for districts considering the value of implementing such a committee. We would love to hear about any information you feel could be added here, or anything you may feel is lacking.